Best practice guidelines.





Show respect.

Give way to pedestrians.

Before overtaking, make sure your presence has been noted.



Protect yourself.

Prepare for emergencies and breakdowns.

Plan your route and wear weather-appropriate clothing.



Stay on the trails.

Please stay on the marked routes - avoid cutting through forests, moors and meadows.

Be aware of restrictions regarding time or season.



Respect the environment.

Always behave with respect for the fauna and flora, as well as for the nature conservation areas.

Close gates behind you.



Leave no trace.

Take your rubbish with you.



Know your limits.

Choose a tour that suits your abilities

Use a local guide and try to improve your skills.





